

Annual Review 2019-2020



The British Nutrition Foundation – Our vision, mission and values

Our vision: Everyone can access healthy, sustainable diets.

Our mission: Translating evidence-based nutrition science in engaging and actionable ways.

Our values

- Integrity: we are science-led, impartial, open minded, transparent and committed to diversity and sound ethical principles.
- Collaboration: we amplify our impact via partnership working with a range of stakeholders.
- Quality: we deliver excellence consistently.
- Positivity: we are a team of highly qualified experts who care about providing credible nutrition science and are passionate about the positive influence it can have on healthier lives.

The British Nutrition Foundation is a registered charity.

- We provide impartial, evidence-based information, resources and training on food and nutrition.
- We do not lobby, endorse any products, engage in food advertising campaigns or allow commercial or political pressure to influence us when publishing or disseminating information.
- We are a founding member of the Academy of Nutrition Sciences - a joint initiative between the Association for Nutrition, the British Dietetic Association, the British Nutrition Foundation and the Nutrition Society - a collective voice for evidence-based nutrition science.
- Our Trustees ensure that we deliver our charitable aims, are impartial, transparent and act with integrity. The Foundation's governance structure (described in the Articles of Association) comprises a Board of Trustees, Advisory Committee, Scientific Committee, Editorial Advisory Board, Education Working Groups and a Nominations Committee, on which serve senior/experienced individuals from many walks of life. The composition

is deliberately weighted towards the scientific 'academic' community, based in universities and research institutes, and those from education, finance, media, communications and HR backgrounds.

- BNF's funding comes from: membership subscriptions; donations and project grants from food producers and manufacturers, retailers and food service companies; contracts with government departments; conferences, publications and training; overseas projects; funding from grant providing bodies, trusts and other charities.
- We are a Certified Member of the Information Standard, a quality mark supported by NHS England which identifies our website as a reliable and trustworthy source of information.
- We are proud of our long-established reputation for partnership working. What sets BNF apart is its ability to bring together those with an interest in food and nutrition from diverse sectors - academia, health care, education, communication and the food chain.

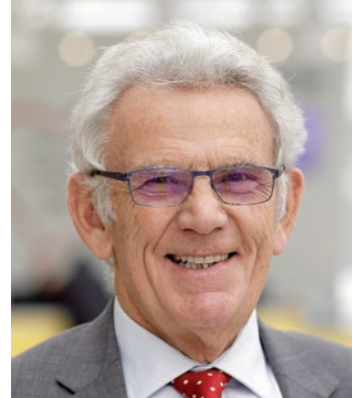
Find out more, go to:
www.nutrition.org.uk/aboutbnf



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Welcome to the BNF Annual Review 2019-2020



*Professor Colin Dennis
Chair of the Board of Trustees*



With the increased emphasis on the importance of diet and health, especially during the Covid pandemic, the need for, and value of, BNF's services has never been greater. Thus, the Foundation's commitment to providing evidence-based advice and impartial scientific interpretation on food and nutrition is an even more crucial contributor to improving public health.

The staff, trustees and committee members have all responded magnificently to the routine of working from home and virtual meetings. These practices ensured the needs of our members and other stakeholders were met and that our social purpose continued in such challenging times. This review highlights the many outstanding achievements of the Foundation during the year, and the extensive reach it has achieved via its webinars, online educational workshops and conferences, publications and contributions to the media.

Collaboration with academia is central to the work of BNF. This has been further reinforced by partnering with the Nutrition Society, the British Dietetic Association and the Association of Nutrition to form The Academy of Nutrition Sciences, giving increased focus to the importance of nutrition and the nutrition science community.

The appointment of two lay trustees with specialist finance and human resource expertise, a new member of the Advisory Committee, who has specialist marketing knowledge and skills and several new members of the Scientific Committee has provided important new perspectives. These appointments, complemented with the substantial scientific, educational, nutrition, public health and food sector expertise already within our trustees and committees, has resulted in enhanced independent leadership of the charity.

During the year, we also invested in our brand and its future development, as a response to the changing needs of our stakeholders and society generally. This, together with future investment in business development and communication capability, relaunch of nutrition.org.uk in 2021 and greater emphasis on strategic financial and resource planning, means the Foundation is very well set for the opportunities ahead.

Professor Colin Dennis
Chair of the Board of Trustees

Our achievements in 2019-2020

Responding to Covid-19

Our response to the Covid-19 crisis, until the end of May 2020, as part of our social purpose, was to:

- provide information, guidance and support to the public through our websites and social media channels;
- work with the media to get credible evidence-based information out about immunity, as well as general healthy eating (240 pieces of coverage, total media circulation 27M in the period March-May 2020);
- give teachers, parents and children access to new remote learning resources;
- offer our online training free of charge for two weeks to the public;
- work with academic colleagues on analyses of the evidence to bring clarity to the debate playing out in the media, such as the paper published by BMJ group on vitamin D and respiratory tract infections.



RESPONDING TO COVID-19

HEALTHY EATING & IMMUNITY



INFORMATION PROVIDED TO THE
PUBLIC & MEDIA

**REMOTE
LEARNING
RESOURCES**

**LAUNCHED
for
SCHOOLS**

**HEALTHY
EATING**
in
**LOCK
DOWN**
**COURSE
FREELY
AVAILABLE**

Our achievements in 2019-2020

Providing evidence-based nutrition information

Our website, www.nutrition.org.uk, continues to be a key tool to enable a range of users to access evidence-based nutrition information.

PROVIDING EVIDENCE-BASED NUTRITION INFORMATION

2.1
MILLION
USERS VIEWED

12.4
MILLION
PAGES OF
INFORMATION
DOWNLOADING
210,543
RESOURCES ON
NUTRITION.ORG.UK

- 12,442,238 pages visited.
- 2,845,580 sessions on nutrition.org.uk

TOP 5
INFORMATION
PAGES

FIBRE
healthy eating
PROTEIN
CARBOHYDRATE
and
PORTION SIZE

COMMUNICATING NUTRITION

1,880
PIECES OF
MEDIA
COVERAGE

REPRESENTING A COMBINED
CIRCULATION OF
233 MILLION

3.5

Communicating evidence-based nutrition

A key element of our work is to communicate evidence-based nutrition science. This was achieved through our journalist and social media engagement work, publication of *Nutrition Bulletin*, production of videos and dissemination of newsletters.

Nutrition Bulletin was available in **13,551** institutions around the world, with **284,983** papers downloaded. Topics covered included sustainable healthy diets, bread and vitamin D.

EVIDENCE-BASED



13,551
INSTITUTIONS
GLOBALLY

have
with **284,983**
PAPER DOWNLOADS

- 21,354 followers on Twitter.
- 378,700 video views.
- 17,574 newsletter subscribers.

**MILLION IMPRESSIONS
ON TWITTER**



Supporting food education in schools

BNF continues to deliver the *Food – a fact of life* education programme, providing free access to thousands of resources via its dedicated education website for schools. We also provided a range of professional development training opportunities for trainee and practising teachers throughout the year. *The Characteristics of good practice in teaching food and nutrition education in secondary schools* document was launched, and work started on a version for primary schools.

SUPPORTING FOOD EDUCATION IN SCHOOLS

374,670
USERS 
(593,925 SESSIONS)



on
ACCESSING
2,468,939
PAGES

274,311
PUPILS
ANALYSED
THEIR
DIET or RECIPE
USING OUR
**NUTRITIONAL
ANALYSIS
TOOL** 

913,195 RESOURCES 
DOWNLOADED

Our achievements in 2019-2020

DELIVERING NUTRITION TRAINING

18,318*

REGISTERED
for our
TRAINING

**health professionals, teachers,
government, researchers,
graduates, universities,
food industry*



BNF
ONLINE
TRAINING

PROVIDED FREE
TO A VALUE OF

£1.2M

Delivering nutrition training

We ran a mix of face-to-face and virtual training throughout the year, helping to extend our reach and impact.

- **7,281** registered for online training for free as part of our Covid-19 package.
- **5,287** registered for five nutrition science webinars (*Breastfeeding, Early feeding, Personalised nutrition, Fats forward, and Processing the Nutribabble*), with 84% finding them useful in their current role.

- **2,972** primary and secondary teachers registered for online training.
- **1,794** health professionals registered for online training course about fats and **684** registered for the sweeteners course.
- **300** teachers attended two education conferences, and two-thirds updated their lessons, resources and teaching as a result.
- The total value of the free online training provided was **£1.2M**.

Nutrition collaboration

BNF continues its tradition of convening meetings and roundtables, as well as working in partnership. For example, we worked with:

- **Universities:** Vitamin D workshop with the University of Surrey; EIT health claims project; EIT Food Partnerships projects (See & Eat and Health Claims Unpacked); projects on food processing, fats, sweeteners.
- **Health professionals:** providing training, e.g. with the Royal College of Midwives; focus groups; research reviews; fact sheets.
- **Corporate members:** in-depth reviews on nutrition topics; roundtables; consumer research; dietary and recipe analysis; training; media messaging; copy review; education programmes in schools; shared nutrition placement.



Championing nutrition

- The 2019 BNF Annual lecture, *From Acids to Alkalis; Sunshine to Shadows – Reflections of a Journey in Nutritional Sciences*, was delivered by Professor Susan Lanham-New, from the University of Surrey, and winner of the BNF Prize in 2018.
- BNF hosted its Annual Day, which featured a series of presentations about the future of the Foundation and its activities. In addition, Mr Iain Ferguson CBE, BNF Governor Emeritus, gave a thought-provoking presentation on challenges and opportunities ahead. Our Guest of Honour on the day was Mr Henry Dimbleby, who talked about his work on the National Food Strategy.
- BNF engaged in a **range of activities** with a wide stakeholder base, using our networks and convening power to inform and champion nutrition science, including government, research, industry, universities, health professionals, education and communications.
- **BNF Healthy Eating Week 2019**
 - Our Patron, HRH The Princess Royal, launched the week at Jersey College for Girls.
 - **6,943** registrations from schools and workplaces/ universities, representing 3 million students and employees.

- **Two-thirds** more likely to review their approach to employee/student health, as a result.
- **Two-thirds** will continue something they did during the week.
- The Academy of Nutrition Sciences was successfully launched in partnership with the Nutrition Society, the British Dietetic Association and the Association for Nutrition.
- A total of £21K from the Drummond Memorial Fund was invested to champion nutrition science, including internships.
- We recognised excellence within the nutrition profession through a series of prestigious awards: The BNF Prize, Pump Priming Award, Early Careers Awards and Education Awards.

CHAMPIONING NUTRITION

6,943
SCHOOLS AND
WORKPLACES
REGISTERED
for
BNF
Healthy Eating
Week

BNF
CHAMPIONED
NUTRITION
through
AWARDS AND
INTERNSHIPS
& **STAKEHOLDER**
ENGAGEMENT ACTIVITIES

**SUCCESSFULLY LAUNCHED
WITH PARTNERS**



ACADEMY OF
NUTRITION
SCIENCES

BNF Awards

BNF Awards – Recognising excellence and outstanding performance



The BNF Prize

The BNF Prize is awarded annually to a person or group for their outstanding achievement in an area of nutrition.

Awarded by BNF's Trustees based on a ballot of potential candidates nominated by the BNF's advisory committees.

The winner of the BNF Prize in 2019 was **Professor Hilary Powers, formerly Head of the Human Nutrition Unit at University of Sheffield and now Professor Emerita.**

BNF Drummond Pump Priming Awards

The Foundation supported the provision of two grants to help newly-appointed university lecturers and research fellows, in human nutrition, to undertake the pilot work needed to generate data that can be used as the basis of a more substantial grant application. The recipients of the grants in 2019 were:

Dr Rachel Gibson, King's College London
Dr David Clayton from Nottingham Trent University

BNF Drummond Early Career Scientist Award

The BNF Drummond Early Career Scientist Award recognises early career excellence in nutrition science. Applicants are judged on their contributions to nutrition science to date, their potential to become future leaders in the field, and the scientific merit and clarity of communication of their work. Winners and runners up are invited to submit a paper to *Nutrition Bulletin*, to showcase their research to date.

Winner

Dr Henrik Roager, University of Copenhagen
Runners-up

Dr Elaine McCarthy, University College Cork
Dr Ruairi Robertson, Queen Mary University of London

BNF Drummond Education Awards

The Foundation rewards excellent work in food and nutrition by students and their teachers throughout the UK. Annual awards, covering each of the Awarding Organisations, are given to students at GCSE and National 5 levels, and at A-level and Advanced Higher:

GCSE and National 5

Assessment and Qualifications Authority
Areesha Aziz,
Heckmondwike Grammar School
Academy Trust

Council for the Curriculum,
Examinations and Assessment
Kathryn Carson
Cookstown High School

Eduqas
Lucy Claire Burns
Belper School and Sixth Form Centre

Oxford, Cambridge and RSA
Examinations Group
Kate Rigelsford
Forest School

Scottish Qualifications Authority
Amy L Petrie
Ellon Academy Community Campus

Welsh Joint Education Committee
Seren Williams
Pencoedre High School

A-level, Advanced Higher and Level 3

Council for the Curriculum,
Examinations and Assessment
Jasmine McDermott
Glenlola Collegiate

Scottish Qualifications Authority
Jenna Mowat,
Brae High School

Welsh Joint Education Committee
Scarlet Michelle Beattie
St Clement Danes School

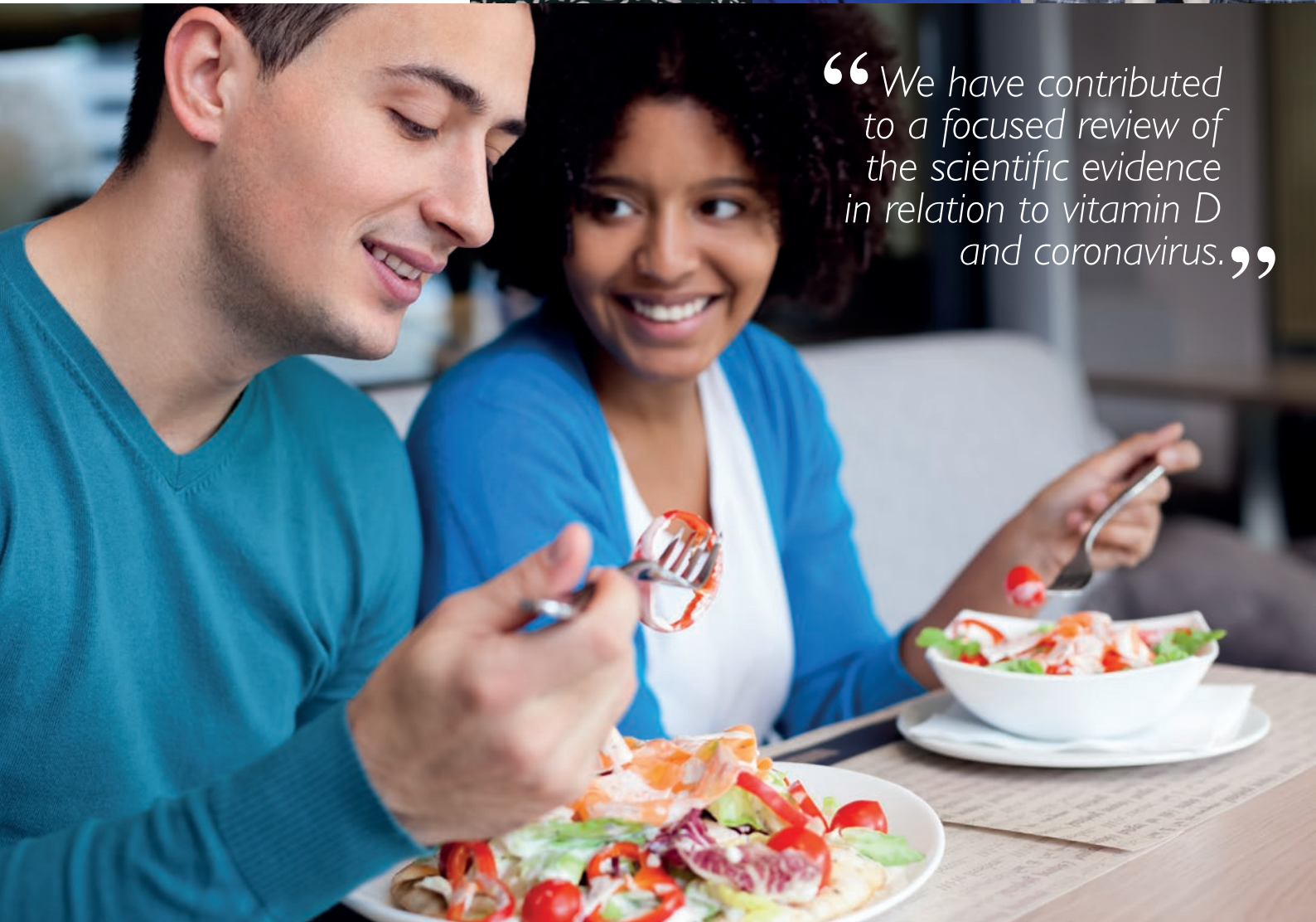
*From left:
Professor Judy Buttriss
Director General*

*Ms Sara Stanner
Science Director*

*Mr Roy Ballam
Managing Director and
Head of Education*



“We have contributed to a focused review of the scientific evidence in relation to vitamin D and coronavirus.”



Moving BNF forward

Professor Judy Buttriss

Director General

Every cloud has a silver lining. Changes to the way we work, as a result of the pandemic, have freed up time, facilitated use of online platforms to reach larger audiences than face to face events often can, and forged in-depth engagement on strategic issues, research priorities and research funding applications. For example, we have contributed to a focused review of the scientific evidence in relation to vitamin D and coronavirus, and have paved the way for future research collaborations by broadening our network in the sphere of healthy and sustainable diets.

External work with research councils continues, particularly the Biotechnology and Biological Sciences Research Council's review of diet and health research and the Medical Research Council's UK Nutrition Research Partnership. I continue as a Trustee of the Academy of Nutrition Sciences and a visiting professor at the University of Surrey, and have been appointed to the government's UK Nutrition and Health Claims Committee, which from January 2021 will take over the work on health claims previously undertaken by the European Food Safety Authority. In Spring 2021, Part 2 of the National Food Strategy is expected and we are contributing to the ongoing work of Henry Dimbleby's team when opportunities arise.

Sara Stanner

Science Director

We've seen a surge of interest in the role nutrition plays in immune function, as well as general healthy eating, in response to the coronavirus pandemic. BNF has been leading from the front, working with all our stakeholders, providing advice and support for the public good. Our website has offered information, for example on healthy snacking, cooking with limited ingredients and the need for vitamin D supplements for those spending less time than usual outdoors during the summer months.

However, there are many other topics that have been keeping us busy too. For example, the prevalence of obesity and related conditions, and concerns about widening health inequalities and early years nutrition continue to be major public health concerns. Food reformulation remains high on the government's agenda and there is also interest in the importance of choosing a diet that is both healthy for us, and good for the planet. We have started work to review the evidence as to what constitutes a healthier and more sustainable diet.

Moving forward, we have ambitious plans to revitalise and relaunch the BNF website and to strengthen BNF's communications strategy, which will help us to increase our reach and influence. This is all set within the context of continuing to provide evidence-based advice, support and training in nutrition.

Roy Ballam

Managing Director and Head of Education

Covid-19 is continuing to shape not only the way in which we work at BNF, but also how we fulfil our social purpose as a charity. Operationally, this is a year of investment – using our rebranding review to get under the skin of who we are, what we do and how we behave. With Trustee's support, we are pushing forward to ensure that we are better known, while retaining our credibility in science, and use our conveying power and different activity streams to better articulate our impact.

In relation to school education, we will continue to provide remote learning activities for children at home, as well as develop new support for pupils with special educational needs and disabilities. Our commitment to training teachers remains – and this year it will be through a series of virtual cooking workshops, expert webinars, video tutorials and national conferences.

The year will no doubt have its challenges, and we will need to be agile and flexible in our response. But we remain positive about the role and place of BNF in the future – continuing to push forward with our vision and mission.

Plans for 2020-2021

During 2020-2021, the Foundation will invest in its future capability and capacity, publish work on food reformulation and innovation, and healthy and sustainable diets, further its work on nutrition and Covid-19, and continue its support for schools.

In 2020-2021 we shall:

- invest in the future of the BNF brand;
- strengthen BNF's communications strategy;
- relaunch www.nutrition.org.uk;
- progress work on healthy and sustainable diets;
- further develop educational and scientific resources in response to Covid-19 and the need to promote healthy and sustainable diets;
- publish a special issue of *Nutrition Bulletin*: Food reformulation and innovation: future solutions for healthier and more sustainable diets;
- provide education resources to support children with special educational needs;
- host BNF Healthy Eating Week 2020, encouraging more nurseries, schools and workplaces to participate.

As part of our social purpose, we shall continue to:

- communicate evidence-based nutrition science information via our websites and social media and engage with the media;
- champion nutrition science through engagement, collaborations, awards and internships;
- publish *Nutrition Bulletin*;
- provide food and nutrition education resources for schools via *Food – a fact of life*;
- deliver nutrition training.





THE BNF STRATEGY

VISION		Everyone can access healthy, sustainable diets		
MISSION		Translating evidence-based nutrition science in engaging and actionable ways		
STRATEGIC PRIORITIES	DEVELOP Produce high quality nutrition resources, information and training.	INFORM AND FACILITATE Disseminate resources, information and training to make healthier choices easier.	CHAMPION Advocate evidence-based nutrition science.	PROGRESS Advance our mission by ensuring the future growth and sustainability of BNF.
STRATEGIC OBJECTIVES	Generate evidence-based nutrition information, resources and training. Advance the development of <i>Nutrition Bulletin</i> . Create curriculum and qualification compliant education resources.	Provide health professionals, key opinion leaders, academics and the media with information on relevant aspects of nutrition. Deliver the <i>Food – a fact of life</i> education programme to teachers. Work with corporate members and others to encourage a food environment that promotes healthier choices.	Advance and amplify our impact, influence and profile through engagement, collaboration and partnerships that seek to improve public health. Recognise and reward excellence in nutrition science. Advance high quality food and nutrition education in schools. Expand the impact and raise the profile of BNF Healthy Eating Week.	Showcase our work and impact. Build and diversify membership. Secure and grow finances. Develop staff potential. Utilise efficient and effective office systems.

BNF – Translating evidence-based nutrition science in engaging and actionable ways

The core purpose of the British Nutrition Foundation is to translate evidence-based nutrition science in engaging and actionable ways and we do this through developing, informing, facilitating and championing nutrition science information, training and resources.

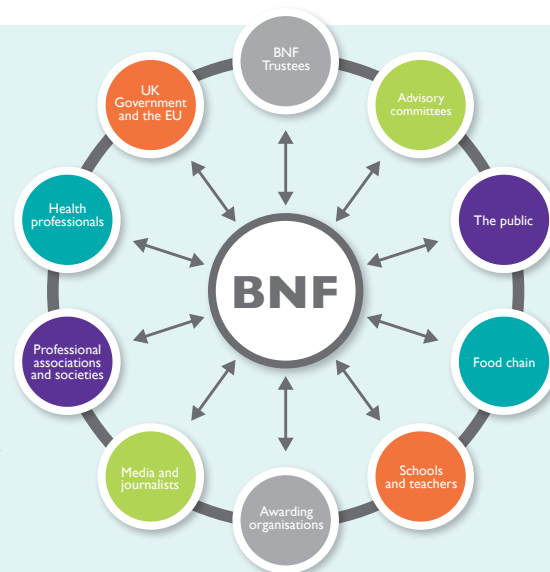
In all aspects of our work, we aim to generate and communicate clear, accurate, accessible information on nutrition, diet and lifestyle, which is impartial and relevant to the needs of diverse audiences, in particular the general public, the media, government, schools, health professionals, and food and beverage companies.

Our broad funding base, networks and governance structure are inherent strengths that ensure we work with a diverse range of groups and talented individuals within the food and nutrition world. As a result, we are ideally placed to understand the nutrition challenges faced and the opportunities and context for activities associated with delivering improved public health. BNF has robust procedures in place to sustain the quality and clarity of its outputs. BNF's key publications are peer reviewed by technical committees and external experts drawn from the education and nutrition science communities.

Our website content is governed by the Information Standard and a web panel exists to help ensure relevance to the intended audiences and clarity of the information. In the spirit of openness and transparency, our corporate members and committee membership are listed on our website and in our annual reports. The Foundation is part of a broad network and we attach substantial value to the collaborations and partnerships that we have forged, both in the UK and also across Europe and beyond, that enable us to extend our influence without moving our focus from the things we do well.

Our strengths lie in our:

- networks and strong links with the nutrition science community residing in universities and research institutes;
- networks within the wider education sector; especially schools;
- longstanding working relationships with government officials and with health professional sectors engaged in communicating nutrition advice;
- nutrition science communications;
- collaborations over many years with the food and agriculture sectors, across the food chain;
- broad funding base and a robust and open governance structure.



BNF actively engages with a variety of stakeholders

How we ensure our integrity

The majority of the Board of Trustees and the Advisory Committee are members from the academic scientific community, educationalists or lay members, who have no financial interest in the commercial food industry, thus ensuring continued independence of the governance system. Similarly, the Scientific Committee membership is biased towards those who are active in academic nutrition science, public health nutrition and education.

We are privileged to have a Royal Patron, Her Royal Highness The Princess Royal, who takes an active interest in the work of the Foundation and its events.

The Foundation also has an Editorial Advisory Board and Education Working Groups, drawn from nutrition science and education communities, to advise on its activities.

We have been certified by the Information Standard, a quality mark supported by NHS England, which identifies that we follow strict principles in developing our consumer nutrition and health information so it is reliable and trustworthy, is based on evidence and appropriate for its audience.

**To find out more, go to:
www.nutrition.org.uk/aboutbnf**



Annual Accounts 2019-2020

Statement of Financial Activities for the financial year ended 31 May 2020

	Unrestricted Fund £	Restricted Fund £	Total 2020 £	Total 2019 £
Income				
<i>Income from:</i>				
Voluntary income	837,119	-	837,119	901,388
Investment income	17,529	-	17,529	18,814
Charitable activities	530,668	-	530,668	601,877
Total Income	1,385,316	-	1,385,316	1,522,079
Expenditure				
<i>Expenditure on:</i>				
Raising funds	104,480	-	104,480	101,536
Charitable activities	1,216,447	9,670	1,226,117	1,335,414
Total expenditure	1,320,927	9,670	1,330,597	1,436,949
Unrealised gains on investments	(22,882)	-	(22,882)	(2,698)
Realised gains on investments	700	-	700	-
Net income	42,207	(9,670)	32,537	82,432
Other (losses)/gains on foreign exchange	14	-	14	(9)
Net movement in funds	42,221	(9,670)	32,551	82,423
Funds as at 1st June 2019	1,415,454	15,990	1,431,444	1,349,021
Funds as at 31st May 2020	1,457,675	6,320	1,463,995	1,431,444

Annual Accounts 2019-2020

Balance Sheet for the year ended 31 May 2020

	2020 £	2020 £	2019 £	2019 £
Fixed Assets				
Intangible Assets		23,788		23,122
Tangible Assets		11,454		16,169
Investments		600,821		611,054
		636,063		650,345
Current Assets				
Debtors	151,085		151,370	
Cash at bank and in hand	889,395		816,981	
	1,040,480		968,351	
Creditors: Amounts falling due within one year				
	212,548		187,252	
Net Current Assets		827,932		781,099
Total Net Assets		1,463,995		1,431,444
Funds				
Restricted funds		6,320		15,990
Unrestricted funds:				
Designated funds		274,298		297,640
General funds		1,183,377		1,117,814
		1,463,995		1,431,444

A full set of accounts and notes to the accounts are provided on our website (www.nutrition.org.uk) or can be obtained on request from: The British Nutrition Foundation, New Derwent House, 69-73 Theobalds Road, London WC1X 8TA.

Annual Accounts 2019-2020

Statement of Cash Flows for the year ended 31 May 2020

	2020 £	2019 £
Cash flow from operating activities		
Net cash provided by/(used in) operating activities	84,233	56,218
Cash flow from investing activities		
Bank interest received	85	63
Investment income	17,444	18,751
Acquisition of fixed asset investments	(32,974)	(15,725)
Proceeds from disposal of fixed asset investments	36,270	-
(Loss)/Profit on Forex	14	(9)
Purchase of intangible assets	(14,176)	(7,262)
Purchase of tangible fixed assets	(3,237)	(9,835)
Net cash (used in) investing activities	3,426	(14,017)
Change in cash and cash equivalents	87,659	42,201
Cash and cash equivalents at the beginning of the year	865,462	823,261
Cash and cash equivalents at the end of the year	953,121	865,462
(i) Reconciliation of net income to net cash flow from operating activities		
Net income	32,551	82,423
Adjustments for:		
Depreciation charge	7,952	4,651
Amortisation charge	13,510	34,579
Bank interest paid/(received)	(85)	(63)
Investment income	(17,444)	(18,751)
(Profit)/loss on Forex differences	(14)	9
(Profit) on sale of investments	(700)	-
Revaluation of investments	22,882	2,698

Annual Accounts 2019-2020

Statement of Cash Flows as at 31 May 2020 *continued*

Decrease/(increase) in debtors	285	15,665
Increase/(decrease) in creditors	25,296	(64,993)
Net cash provided by operating activities	84,233	56,218

(ii) Analysis of Cash and cash equivalents

	At 31 May 2020 £	At 1 June 2019 £
Cash at bank and in hand	889,395	816,981
Cash held in investments	63,726	48,482
	953,121	865,463

Financial support for BNF activities

During the year, the following Corporate Members provided financial support for specific BNF branded activities:

Agriculture and Horticulture Development Board	Quorn Foods
Healthy Eating Week 2020	Healthy Eating Week 2020
<i>Food – a fact of life</i>	Nabim
Innocent Drinks	<i>Food – a fact of life</i>
Healthy Eating Week 2020	Nestlé Cereals UK
Kelloggs	Healthy Eating Week 2020
Webinar on personalised nutrition and the gut	Waitrose & Partners
	Healthy Eating Week 2020

During the year, the following organisations provided financial support for BNF branded activity:

All Saints Educational Trust
Characteristics of good practice in teaching food and nutrition education
ISAPP
Webinar on fermented foods
King's College London
Webinar on Interesterified Fats in Food

Honorary Officers, Members and Governors

at 31 May 2020

Our Patron

Her Royal Highness The Princess Royal

President

Professor A Shenkin BSc PhD FRCP
FRCPATH

*Emeritus Professor of Clinical
Chemistry, University of Liverpool*

Chair of the Board of Trustees

Professor C Dennis CBE DL BSc
PhD CFS CSci Hon FIFST FIFT FIAFST
FRSA Hon FRSAE Chair
International Food Information Service

Treasurer

Mr D Webster BA
*Head of Communications,
Associated British Foods*

BNF Honorary Members

Miss A Heughan RD
Professor RS Pickard BSc PhD
RNutr CBiol FIBiol
Professor BA Wharton BA MBA
MD DSc FRCP FRCPCH FIFST

BNF Governors Emeritus

Mr IGT Ferguson BSc CBE
Mr P Hebblethwaite BSc MSc CEng
FIFST FICHEM
The Baroness Hooper CMG BA
FRGS FRSA
Professor A de Looy BSc PhD RD
FBDA
Professor RG Whitehead CBE BSc
PhD MA FIBiol CBiol HonFRCP



Left column from top:
Her Royal Highness The Princess Royal
Chair of the Board of Trustees **Professor Colin Dennis**

Right column from top:
Honorary President **Professor A Shenkin**
Treasurer **Mr D Webster**

Our Governance and Committees

at 31 May 2020

The Board of Trustees

Professor C Dennis CBE DL BSc PhD CFS CSci
Hon FIFST FIFT FIAFST FRSA Hon FRASE (Chair)

Mr M Bond BSc

Marketing Strategy Leader, DuPont Nutrition
and Health

Mr G Findlay BA

Qualifications Manager, Scottish Qualifications
Authority

Miss G Fine MSc

Public Health Nutritionist

Mrs A Greenhalgh-Ball BSc SRD

Senior Nutrition Director, EMEA (Europe,
Middle East and Africa), Kellogg Company
of Great Britain Limited

Mrs Desiree Irving-Brown

Deputy CFO Imperial College Healthcare
NHS Trust

Professor JC Mathers BSc DipNutr PhD

Professor of Human Nutrition, University of
Newcastle

Professor SA Lanham-New BA MSc PhD

RNutr

Head of the Department of Nutritional
Sciences, University of Surrey

Mrs L Redmond BSc (Hons), MA, MBA, FCIPD

Mr D Webster BA (Treasurer)

Head of Communications, ABF UK Grocery

Professor CM Williams OBE PhD FSB

RNutr FAfN

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at 31 May 2020 *continued*

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at 31 May 2020

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