**Remarkable rice storyboard**

Watch the [Remarkable rice video](https://www.youtube.com/watch?v=4pqfKa_nDlY). Draw or describe the rice’s journey from mill to fork.

**Challenge!**
Find out how much fibre is in 100g of white rice and 100g of brown rice. Which has more fibre? \_\_\_\_\_\_\_\_\_\_\_\_\_

What makes some rice brown and some rice white?

What happens to rice that is not good enough to go into the packets?

What was the most interesting fact you learnt about the rice?