**Remarkable rice storyboard**

Watch the [Remarkable rice video](https://www.foodafactoflife.org.uk/7-11-years/where-food-comes-from/videos/). Draw pictures to show the rice’s journey from mill to fork. Add a short description to each box to help explain what is happening.

What makes some rice brown and some rice white?

What happens to rice that is not good enough to go into the packets?

**Challenge!**   
Find out how much fibre is in 100g of white rice and 100g of brown rice. Which has more fibre? \_\_\_\_\_\_\_\_\_\_\_\_\_

What was the most interesting fact you learnt about the rice?