

Healthy Eating Week 2023

Content for Newsletters

Internal newsletter

This June, we're taking part in Healthy Eating Week 2023

As the cost-of-living crisis continues, it can be harder than ever to eat well.

With this in mind, we are pleased to be taking part in the British Nutrition Foundation's [Healthy Eating Week 2023](#) from 12-16 June. The [British Nutrition Foundation](#) - a leading nutrition charity - will be sharing multiple FREE evidence-based resources which can support all of us in having a healthy and sustainable diet!

If this interests you, join us and your colleagues so we can take part in Healthy Eating Week together as healthy eating is #ForEveryone! Register here

<https://forms.office.com/pages/responsepage.aspx?id=b0ZZUkanWEu0vLq3o74TJL-0IOWWobdlvBCxWQpFfapUNEtDMEk4RTEwWUFHSFICUk83Sk1GNIBIMi4u>

External newsletter

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With this in mind, we are pleased to be taking part in [Healthy Eating Week](#) from 12-16 June this month. As part of the Week, [British Nutrition Foundation](#), a leading UK based nutrition charity will be sharing multiple FREE evidence-based resources which can support everyone who is interested having a healthy and sustainable diet!

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