

Healthy Eating Week 2023

Social Media Pack - Content

Twitter

We are excited to be taking part in @NutritionOrgUK's Healthy Eating Week 2023 on the 12-16 June #HEW23 because healthy eating should be #ForEveryone. Join us & register now to get access to free, evidence-based info, resources & activities to take part:

https://www.nutrition.org.uk/healthy-eating-week/?utm_source=Social+Media+Toolkit&utm_medium=Social&utm_campaign=HEW2023&utm_content=Twitter

LinkedIn

Healthy eating should be #ForEveryone but the cost-of-living crisis is making it harder for many to afford healthier diets. From 12-16th June 2023, we are taking part in Healthy Eating Week with the [British Nutrition Foundation](#) who will be providing FREE evidence-based advice and support to make it easier #ForEveryone to find ways to eat well and live a healthier lifestyle.

You can get involved in #HEW23 too! Register now to join in:

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Instagram

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Facebook

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